

Match Reading Rate with Text

Reading rate is how fast or slow you read. Readers change their rate, depending on what they are reading. Low reading gears are slow, but powerful. High reading gears are fast, but not as powerful.

- 1st gear: Slowest and most powerful, you can use this reading rate when you're trying to *memorize* something new.
- 2nd gear: Use this reading rate when you are learning something new.
- 3rd gear: Most of the time readers use this reading rate. We use it to read for enjoyment.
- 4th gear: This is the fastest reading rate. Use it to skim over a story or information.

Before you read something new, think about your purpose for reading. Which reading rate will you use?

